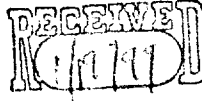




CONTINENTAL VITAMIN COMPANY

1251 '99 FEB -2 P3:38

January 12, 1999



Office of Special Nutritional (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C. St. S.W.
Washington, DC 20204

Notice of Descriptive Claim

Text of description claims:

- 1) The Energy Igniter
- 2) It works
- 3) Maintain optimum energy & stamina levels

Name of dietary ingredient that is the subject of the statements:

- 1) Guarana
- 2) Ginseng

Brand name of dietary supplement:

Ginseng Blast

I certify that this information presented and contained in this notice is accurate.

William Swan
(dr)

Continental Vitamin Company, Inc.
4510 South Boyle Ave.
Vernon, CA 90058

97S - 0162

LET 2921
63203